

## Kent County Parent Wellbeing Analysis - August 23

Survey questions:

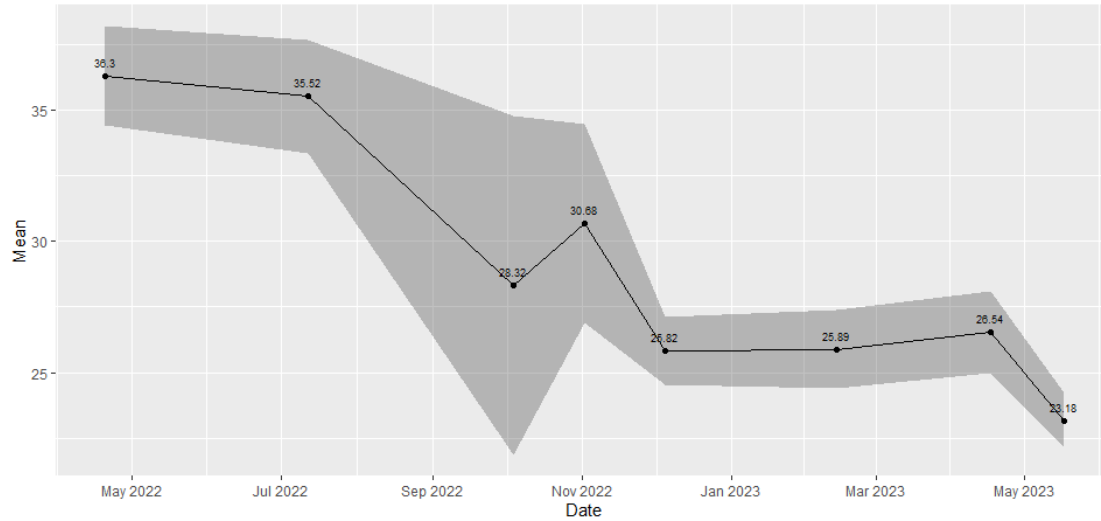
- Anxiety symptoms: In the past month, how often have you been bothered by the following problems?
  - Feeling nervous, anxious, or on edge
  - Not being able to stop or control worrying
  - Responses: Not at all/several days/more than half of the days/nearly every day
- Depression symptoms: In the past month, how often have you been bothered by the following problems?
  - Little interest or pleasure in doing things
  - Feeling down, depressed, or hopeless
  - Responses: Not at all/several days/more than half of the days/nearly every day
- Lonely symptoms: In the past month, please describe how often you felt lonely.
  - Responses: 1 - Never/2 - Rarely/3 - Sometimes/4 - Usually/5 - Always
- Stress symptoms: Stress means a situation in which a person feels tense, restless, nervous, or anxious or is unable to sleep at night because his/her mind is troubled all the time. Did you feel this kind of stress in the last month?
  - Responses: 1 - Not at all/2 - Only a little/3 - To some extent/4 - Rather much/5 - Very much

Note: For composite scores, scores of depression, anxiety, loneliness, and stress symptoms were transformed to a range of 0-100 and averaged to calculate the composite emotional distress scores.

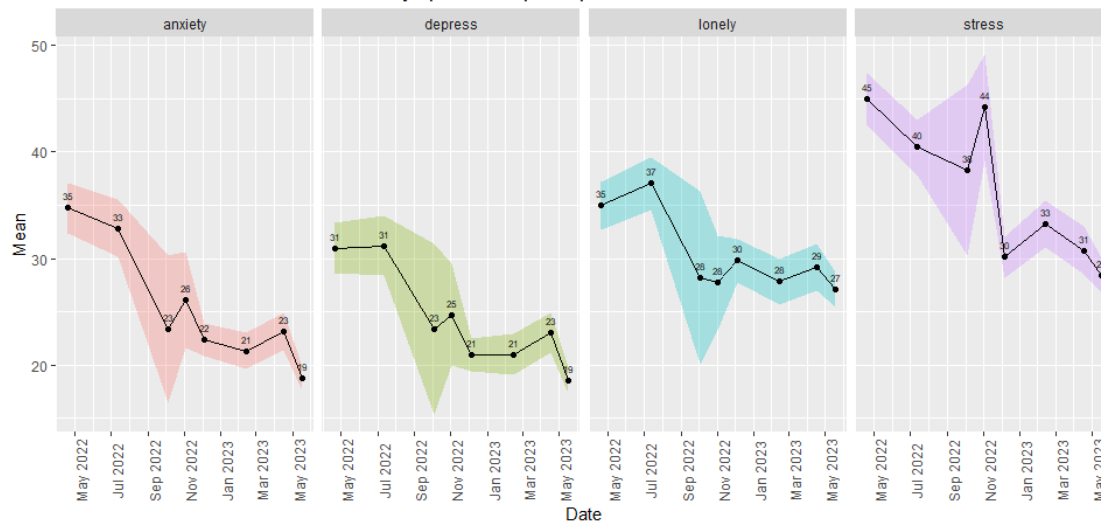
# 1. Mean Level of Emotional Distress

## 1.1 Overall

Trend of Total Parent Emotional Distress, all participants



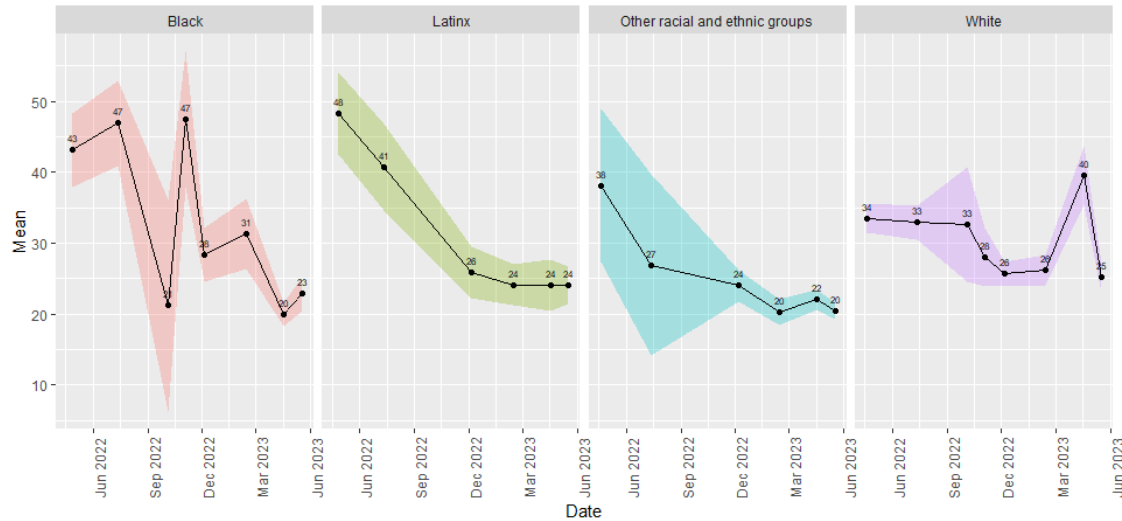
Trend of Parent Emotional Distress Symptoms, all participants



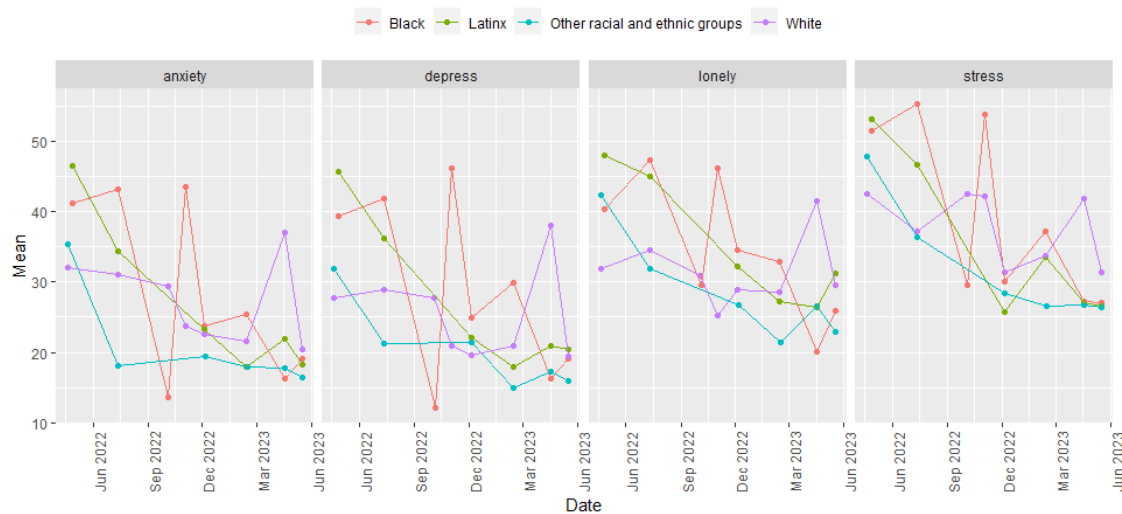
## 1.2 By Race/Ethnicity

- Note: Sub-sample sizes  $\leq 5$  were omitted from the figure for robustness.

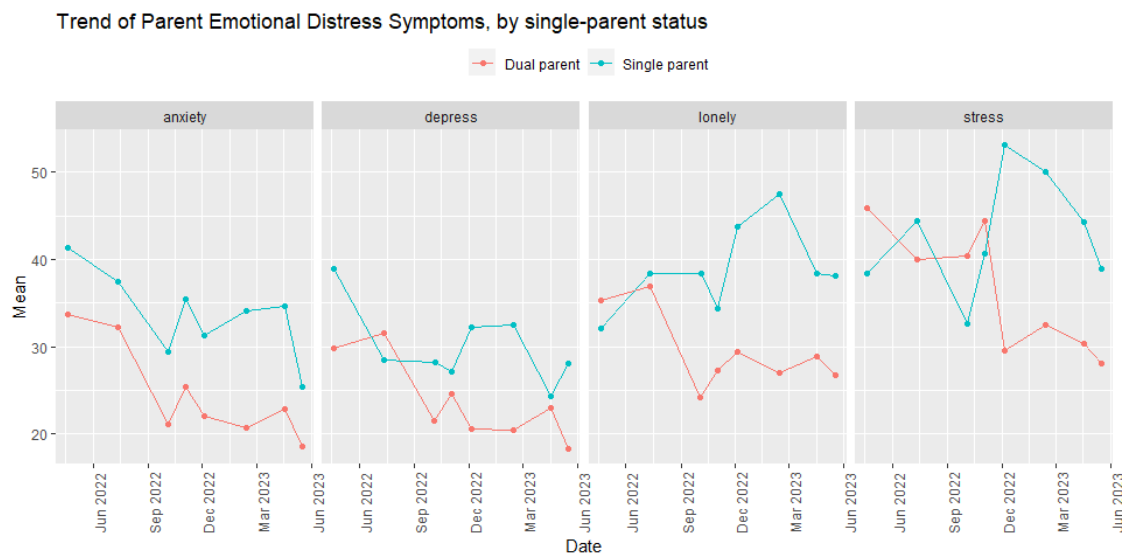
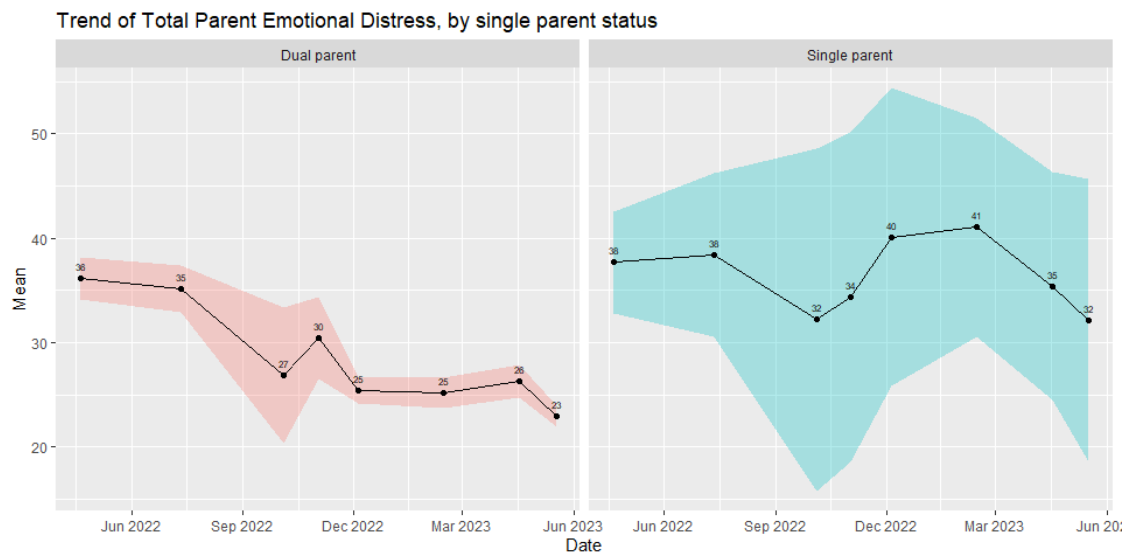
Trend of Total Parent Emotional Distress, by race/ethnicity



Trend of Parent Emotional Distress Symptoms, by race/ethnicity



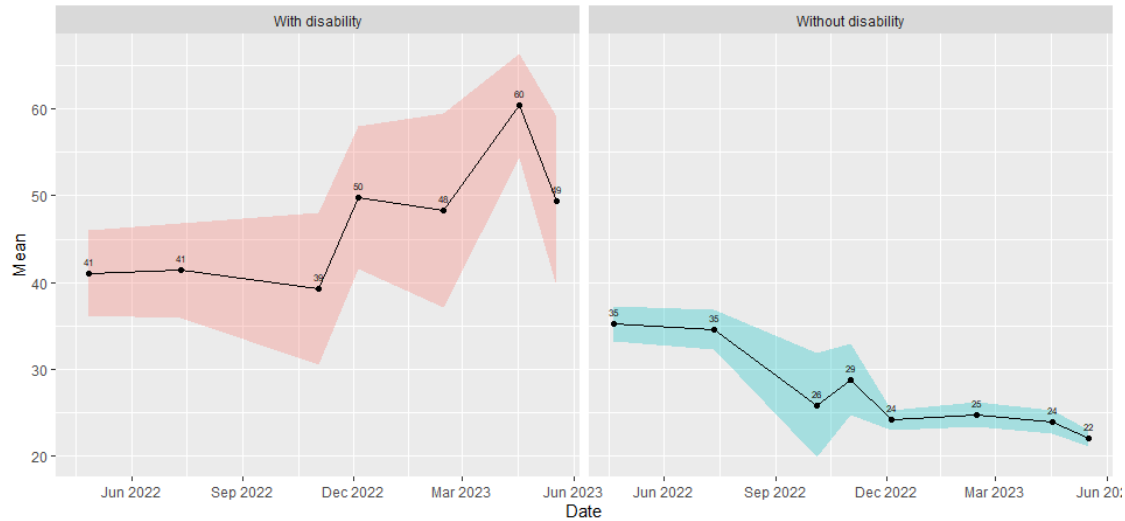
### 1.3 By Single-Parent status



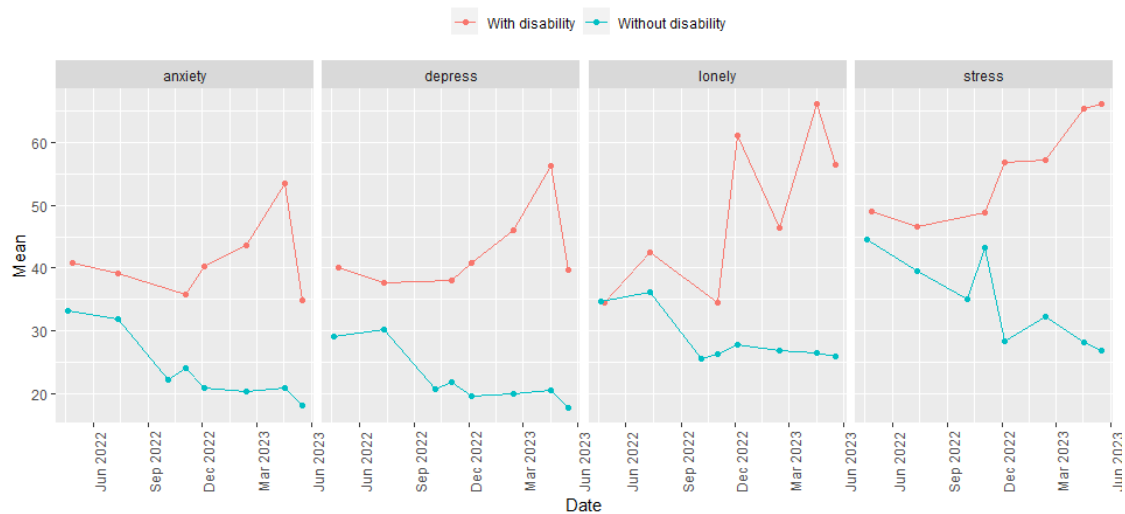
## 1.4 By Child Disability Status

- Note: Sub-sample sizes  $\leq 5$  were omitted from the figure for robustness.

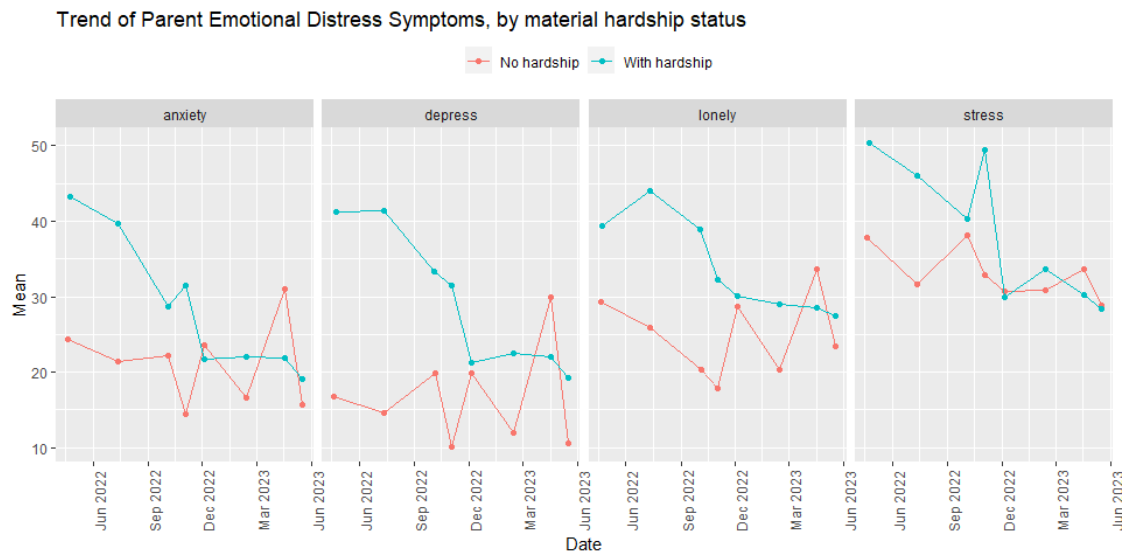
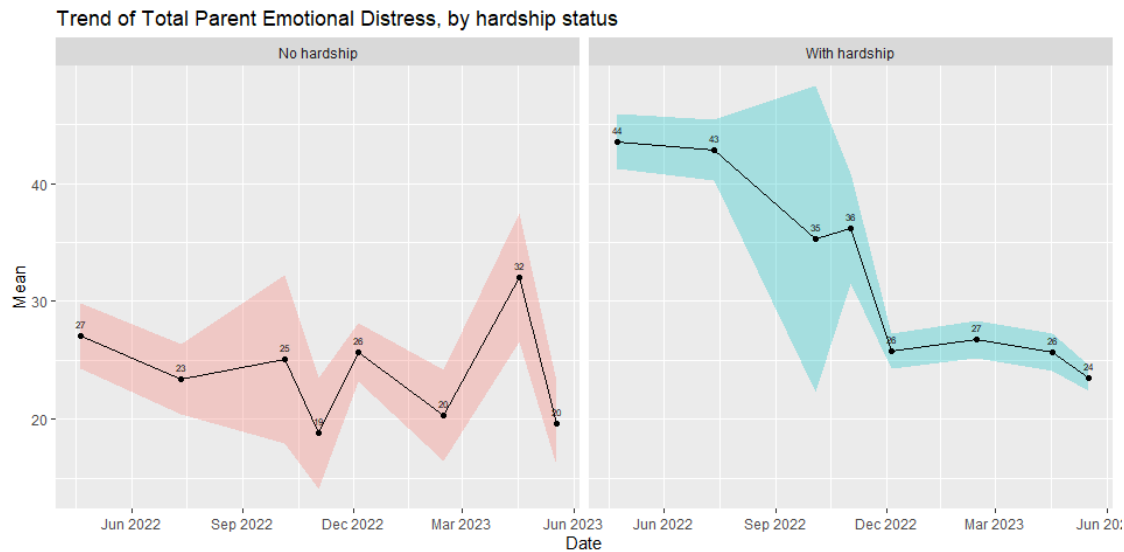
Trend of Total Parent Emotional Distress, by child disability status



Trend of Parent Emotional Distress Symptoms, by child disability status



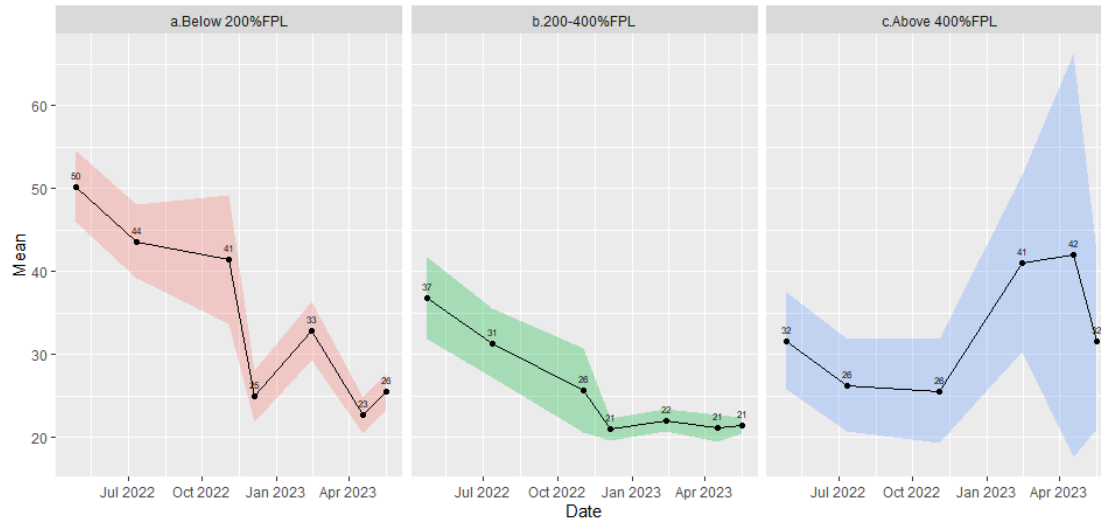
## 1.5 By Material Hardship Status



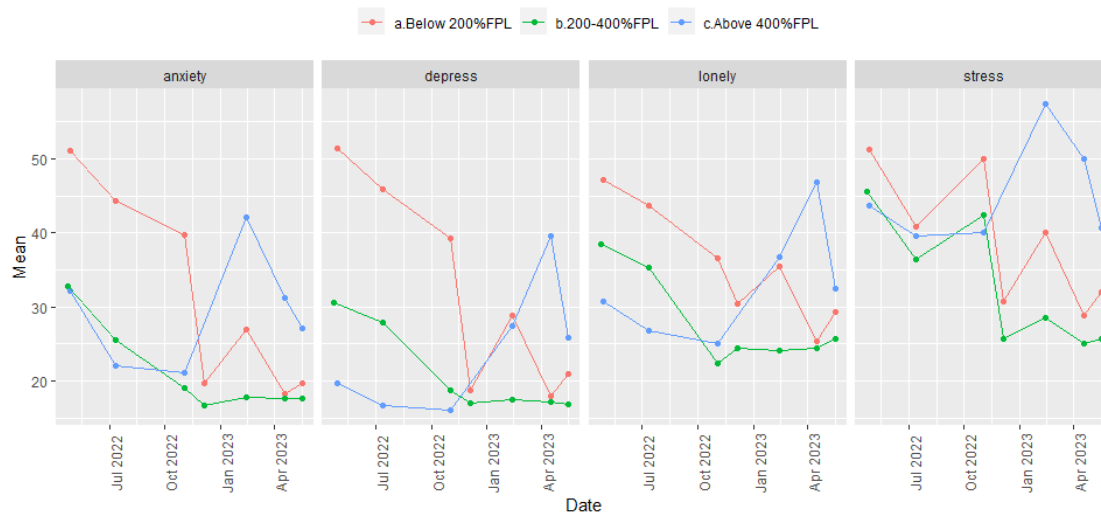
## 1.6 By Income Status

- Note: Sub-sample sizes  $\leq 5$  were omitted from the figure for robustness.

Trend of Total Parent Emotional Distress, by income levels



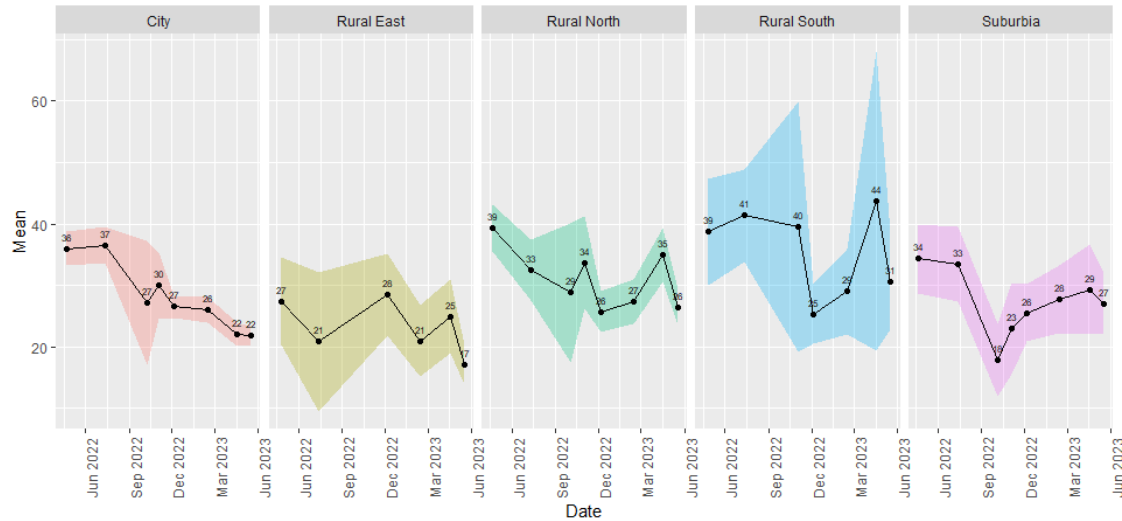
Trend of Parent Emotional Distress Symptoms, by income levels



## 1.7 By Community Types

- Note: Sub-sample sizes  $\leq 5$  were omitted from the figure for robustness.

Trend of Total Parent Emotional Distress, by community types



Trend of Parent Emotional Distress Symptoms, by community types





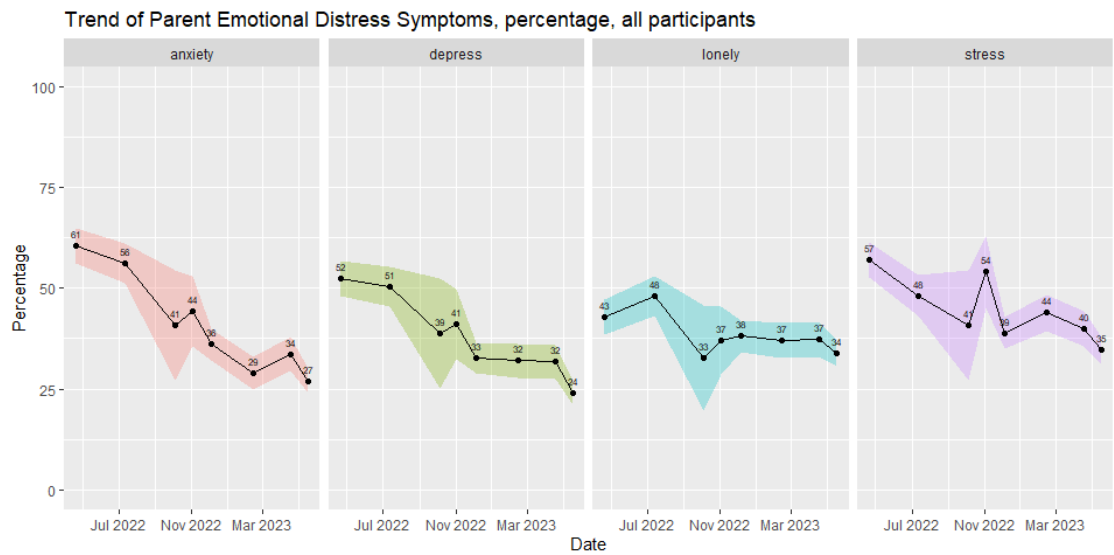
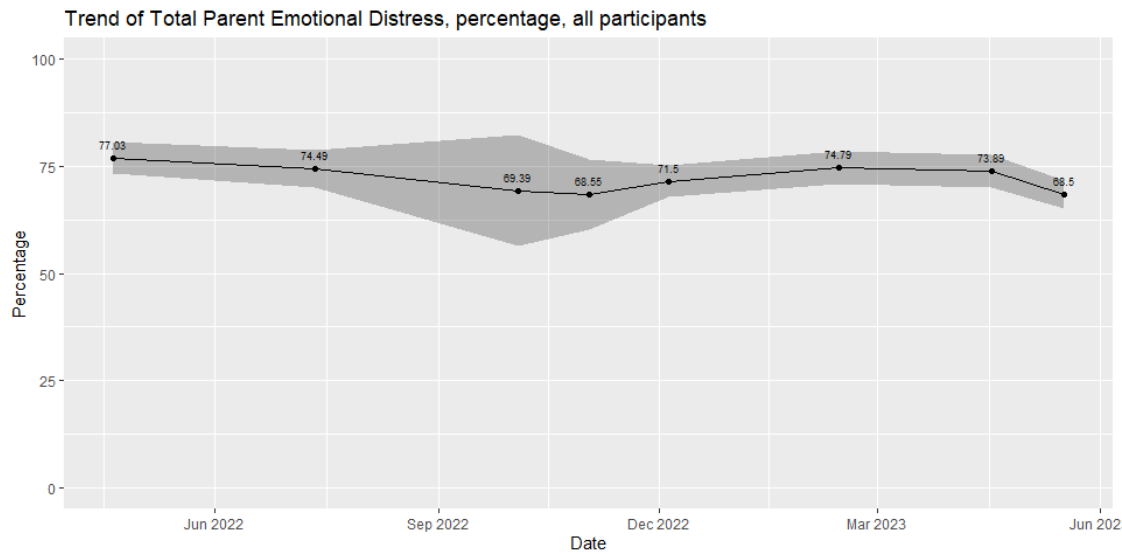
## 2. Percentage of Caregivers Experiencing Emotional Distress

For each emotional distress symptom, caregivers were considered as experiencing distress if they:

- Depressive symptoms & anxiety symptoms: selecting “Several days”, “More than half of the days”, or “Nearly every day”.
- Stress symptoms: selecting “To some extent”, “Rather much”, or “Very much”.
- Loneliness symptoms: selecting “Sometimes”, “Usually”, or “Always”.

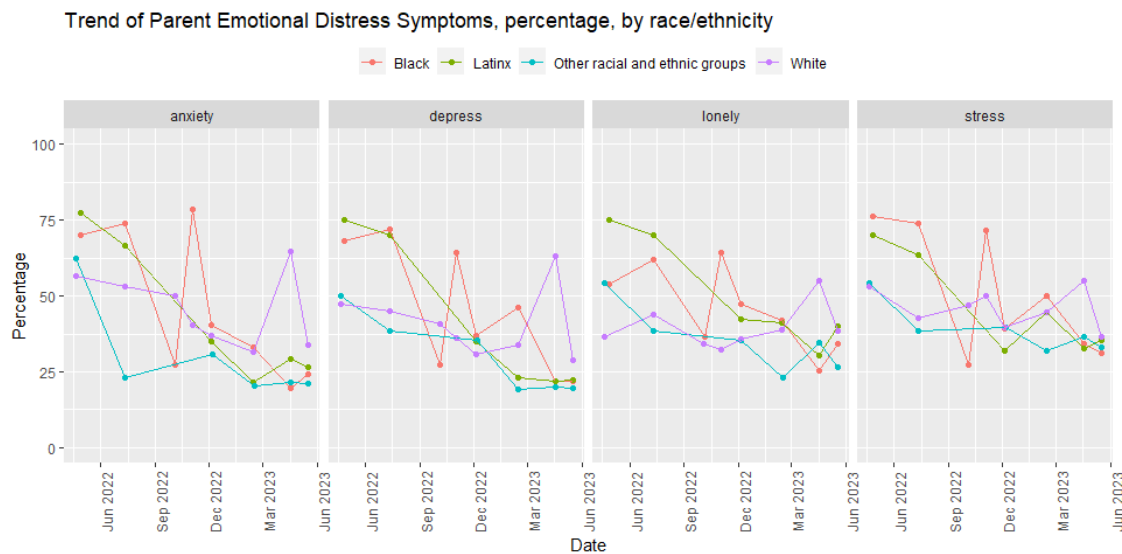
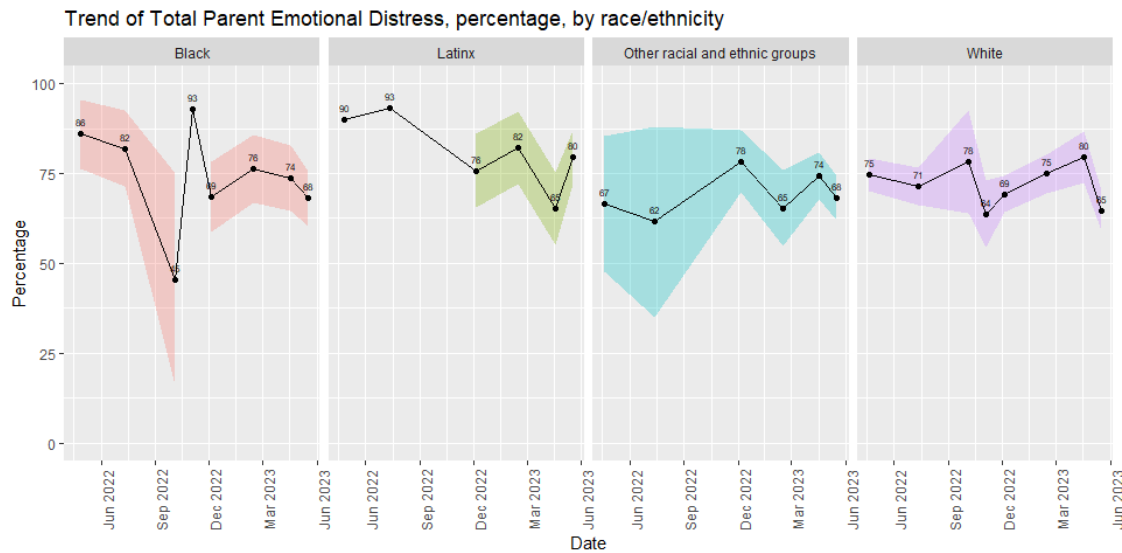
For the total emotional distress score, caregivers were considered as experiencing emotional distress if they reported any of the symptoms above the threshold listed above.

2.1 Overall



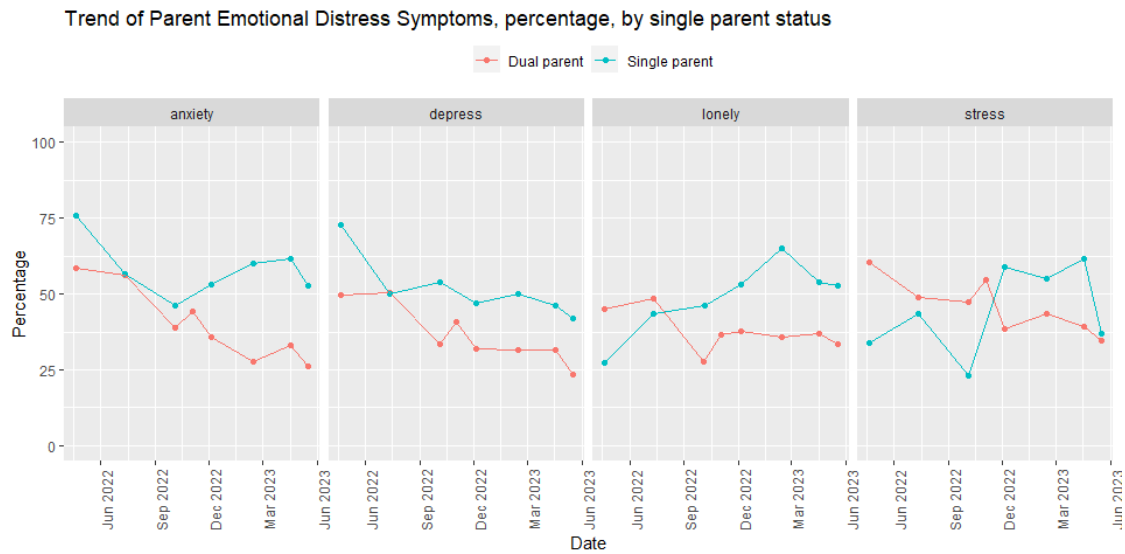
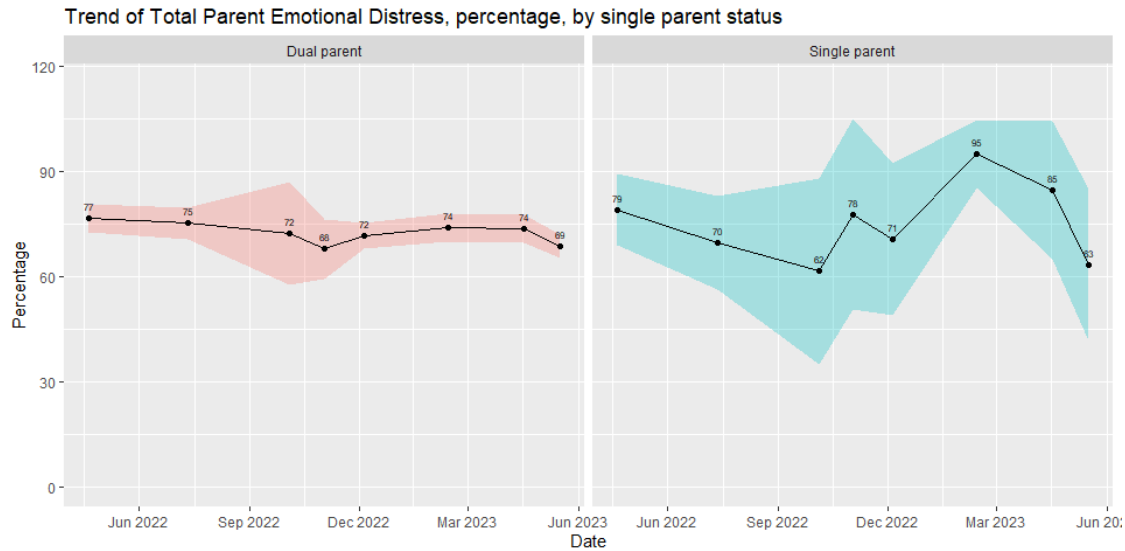
## 2.2 By Race/Ethnicity

- Note: Sub-sample sizes  $\leq 5$  were omitted from the figure for robustness.



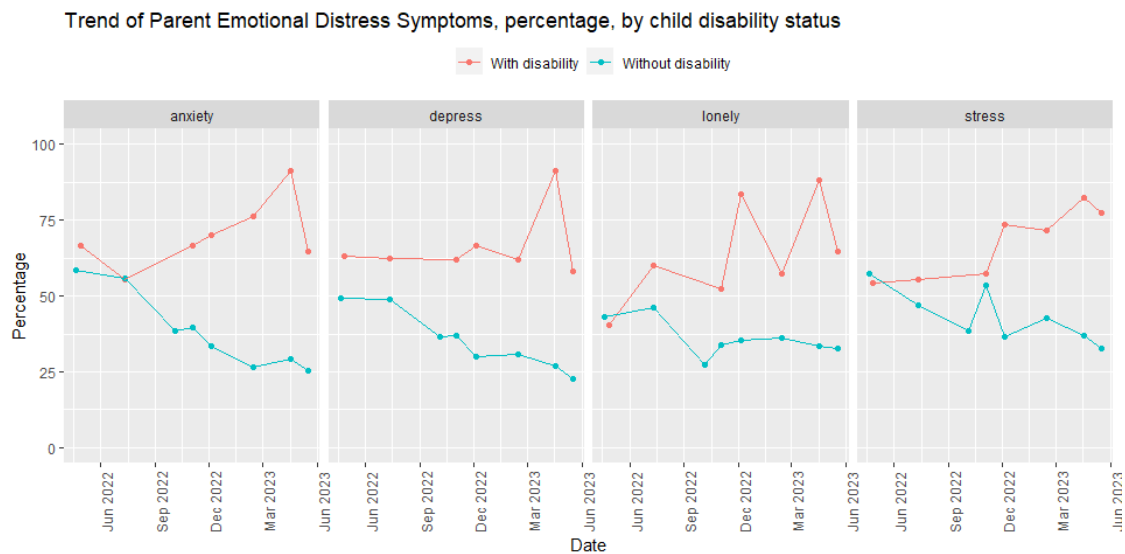
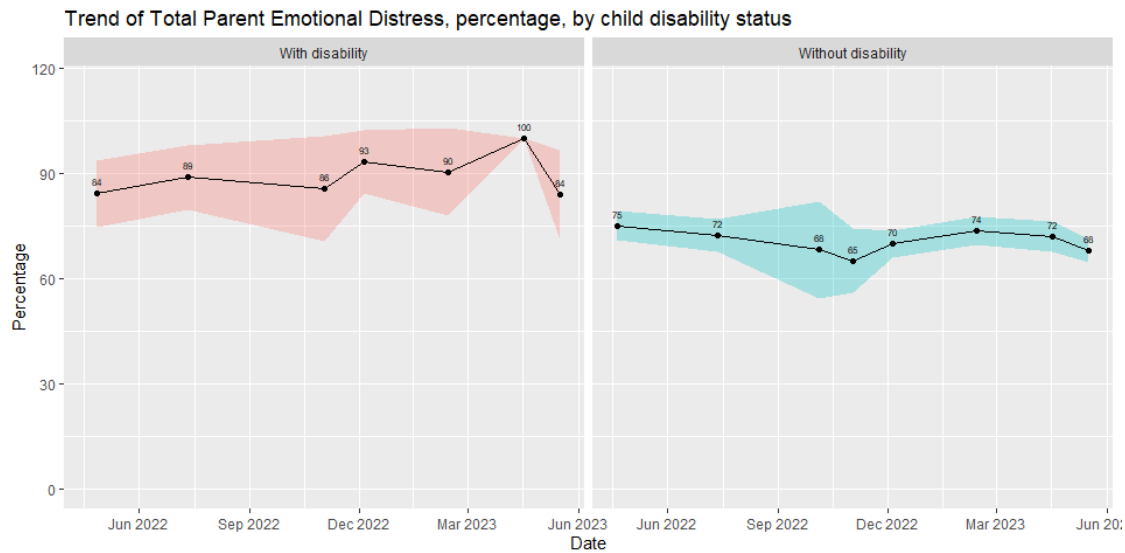
## 2.3 By Single-Parent Status

- Note: Sub-sample sizes  $\leq 5$  were omitted from the figure for robustness.



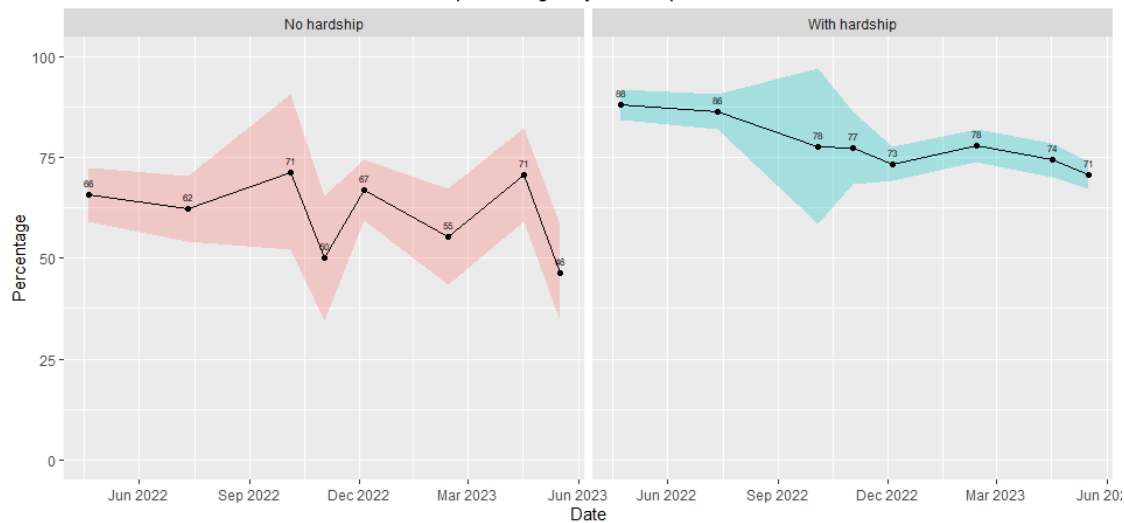
## 2.4 By Child Disability Status

- Note: Sub-sample sizes  $\leq 5$  were omitted from the figure for robustness.



## 2.5 By Material Hardship Status

Trend of Total Parent Emotional Distress, percentage, by hardship status

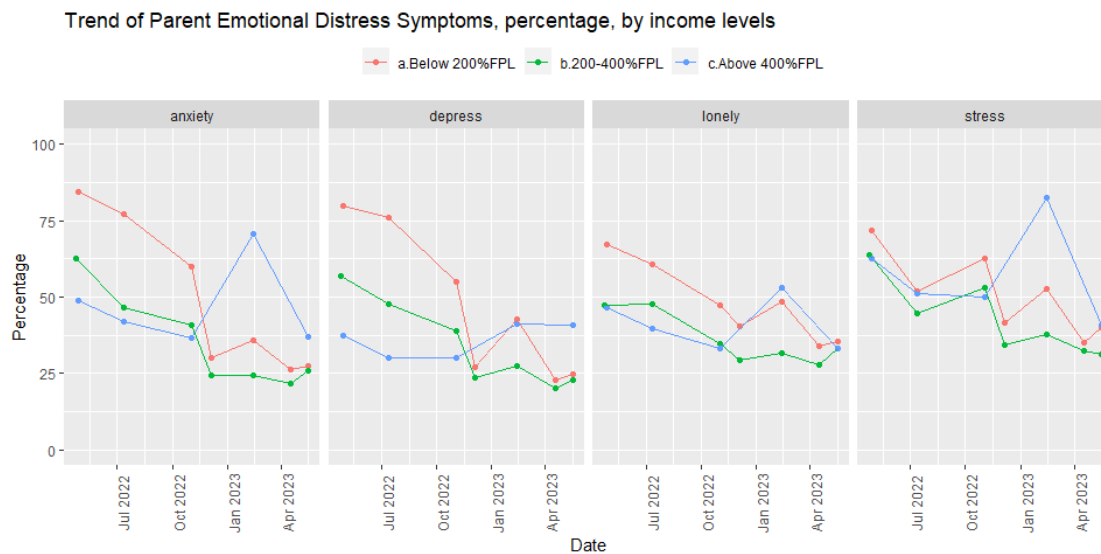
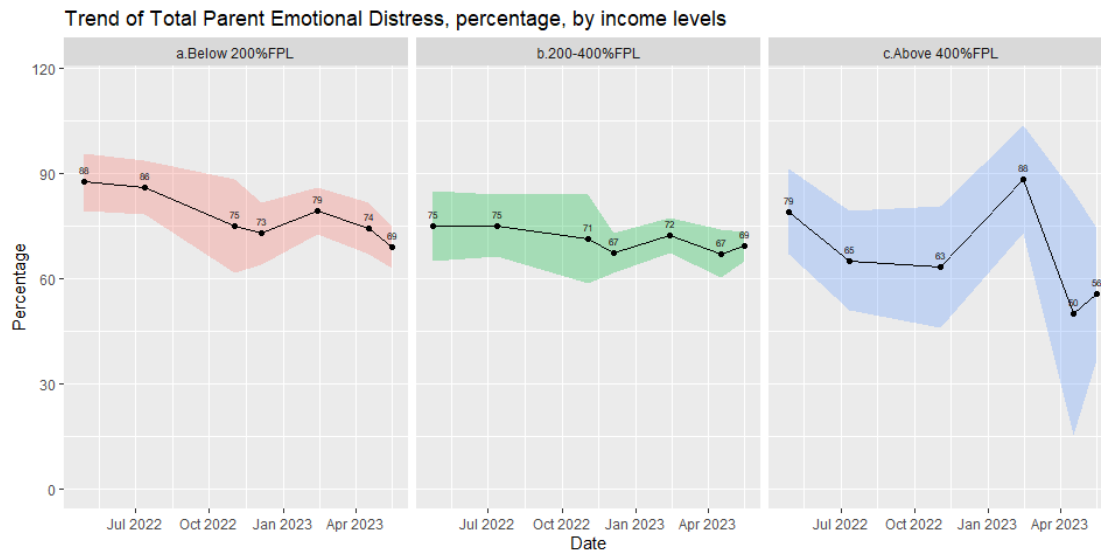


Trend of Parent Emotional Distress Symptoms, percentage, by hardship status



## 2.6 By Income Levels

- Note: Sub-sample sizes  $\leq 5$  were omitted from the figure for robustness.



## 2.7 By Community Types

- Note: Sub-sample sizes  $\leq 5$  were omitted from the figure for robustness.

