

Kent County Parent Wellbeing Analysis - April 23

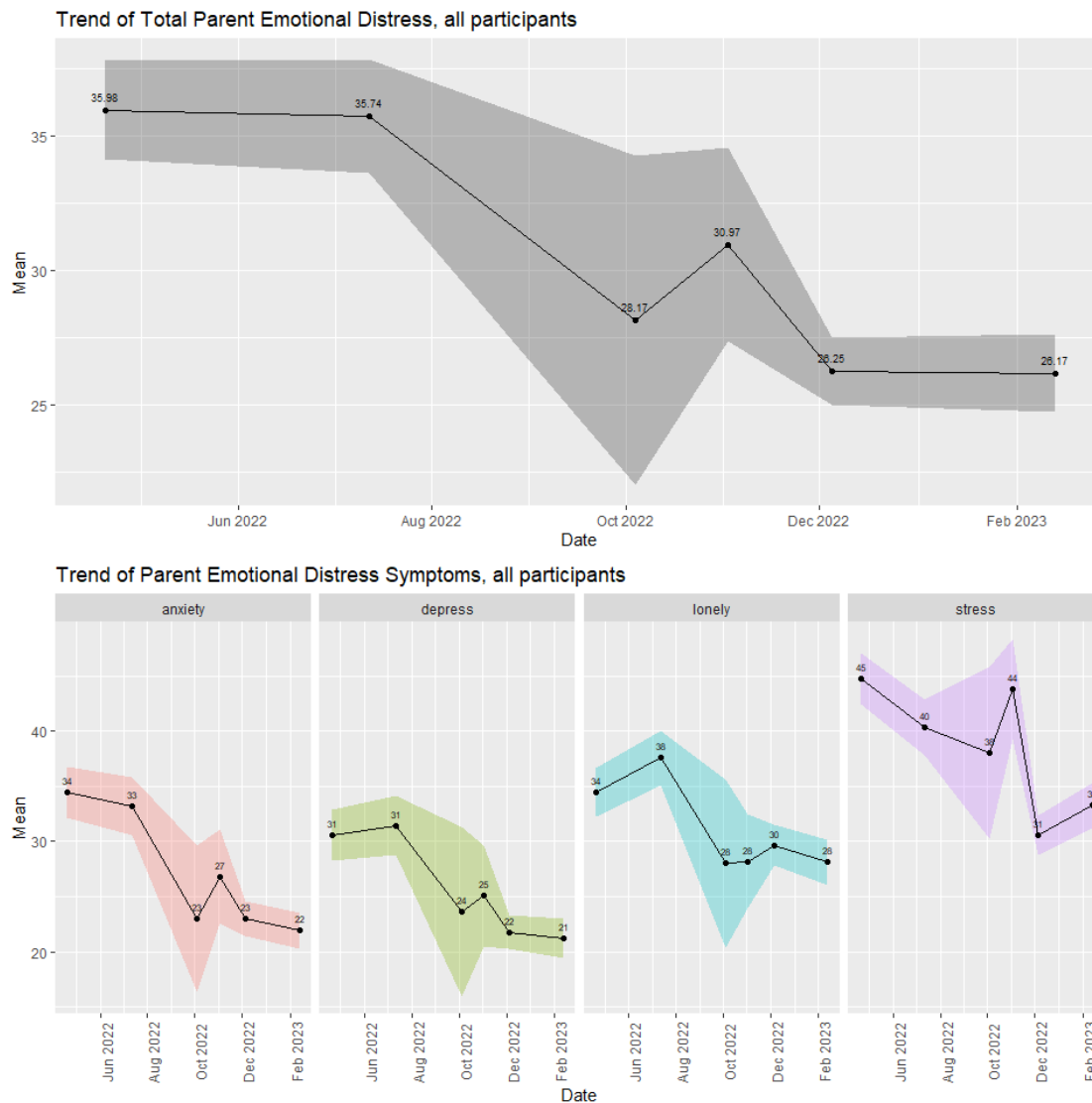
Survey questions:

- Anxiety symptoms: In the past month, how often have you been bothered by the following problems?
 - Feeling nervous, anxious, or on edge
 - Not being able to stop or control worrying
 - Responses: Not at all/several days/more than half of the days/nearly every day
- Depression symptoms: In the past month, how often have you been bothered by the following problems?
 - Little interest or pleasure in doing things
 - Feeling down, depressed, or hopeless
 - Responses: Not at all/several days/more than half of the days/nearly every day
- Lonely symptoms: In the past month, please describe how often you felt lonely.
 - Responses: 1 - Never/2 - Rarely/3 - Sometimes/4 - Usually/5 - Always
- Stress symptoms: Stress means a situation in which a person feels tense, restless, nervous, or anxious or is unable to sleep at night because his/her mind is troubled all the time. Did you feel this kind of stress in the last month?
 - Responses: 1 - Not at all/2 - Only a little/3 - To some extent/4 - Rather much/5 - Very much

Note: For composite scores, scores of depression, anxiety, loneliness, and stress symptoms were transformed to a range of 0-100 and averaged to calculate the composite emotional distress scores.

1. Mean Level of Emotional Distress

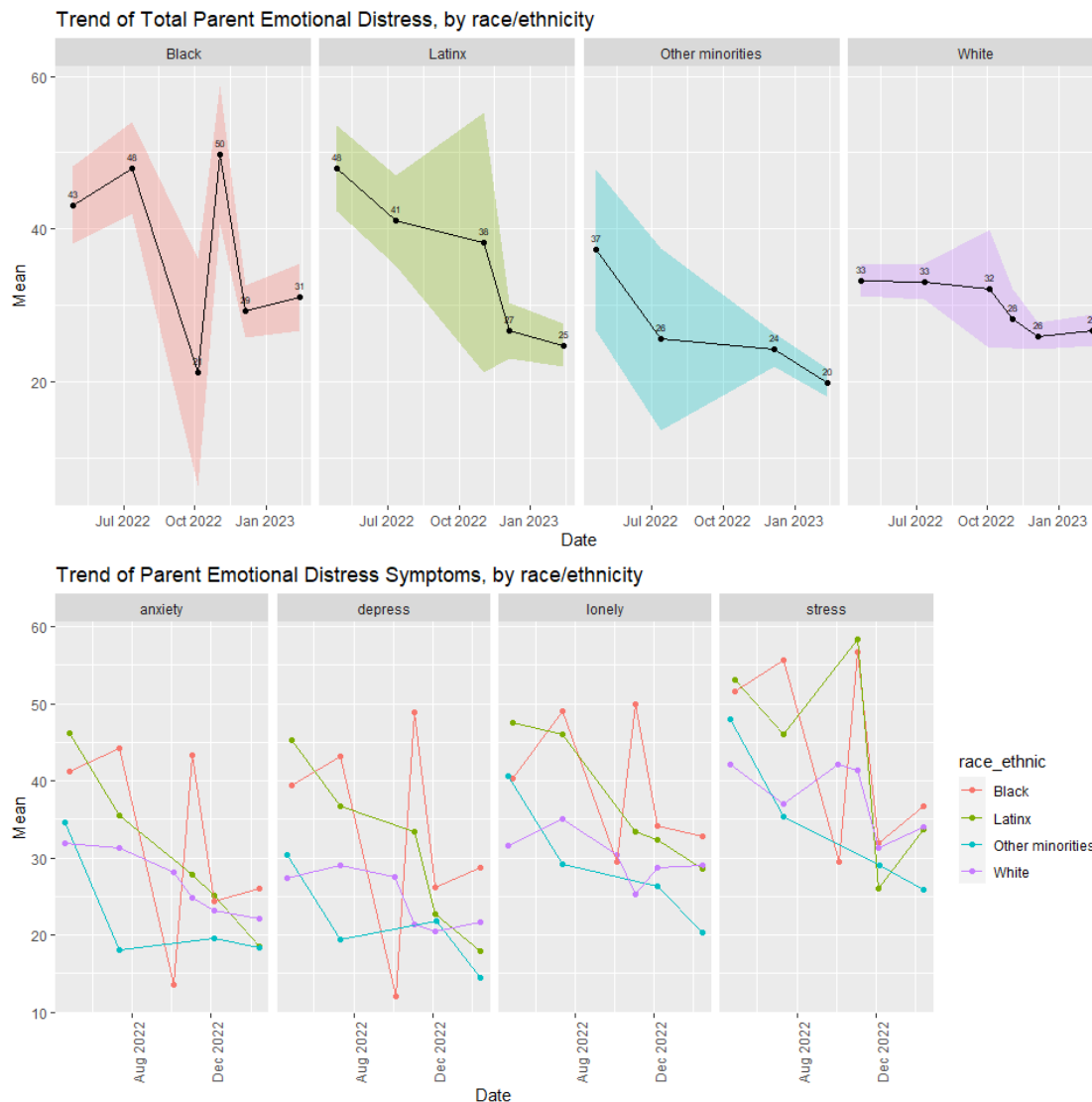
1.1 Overall



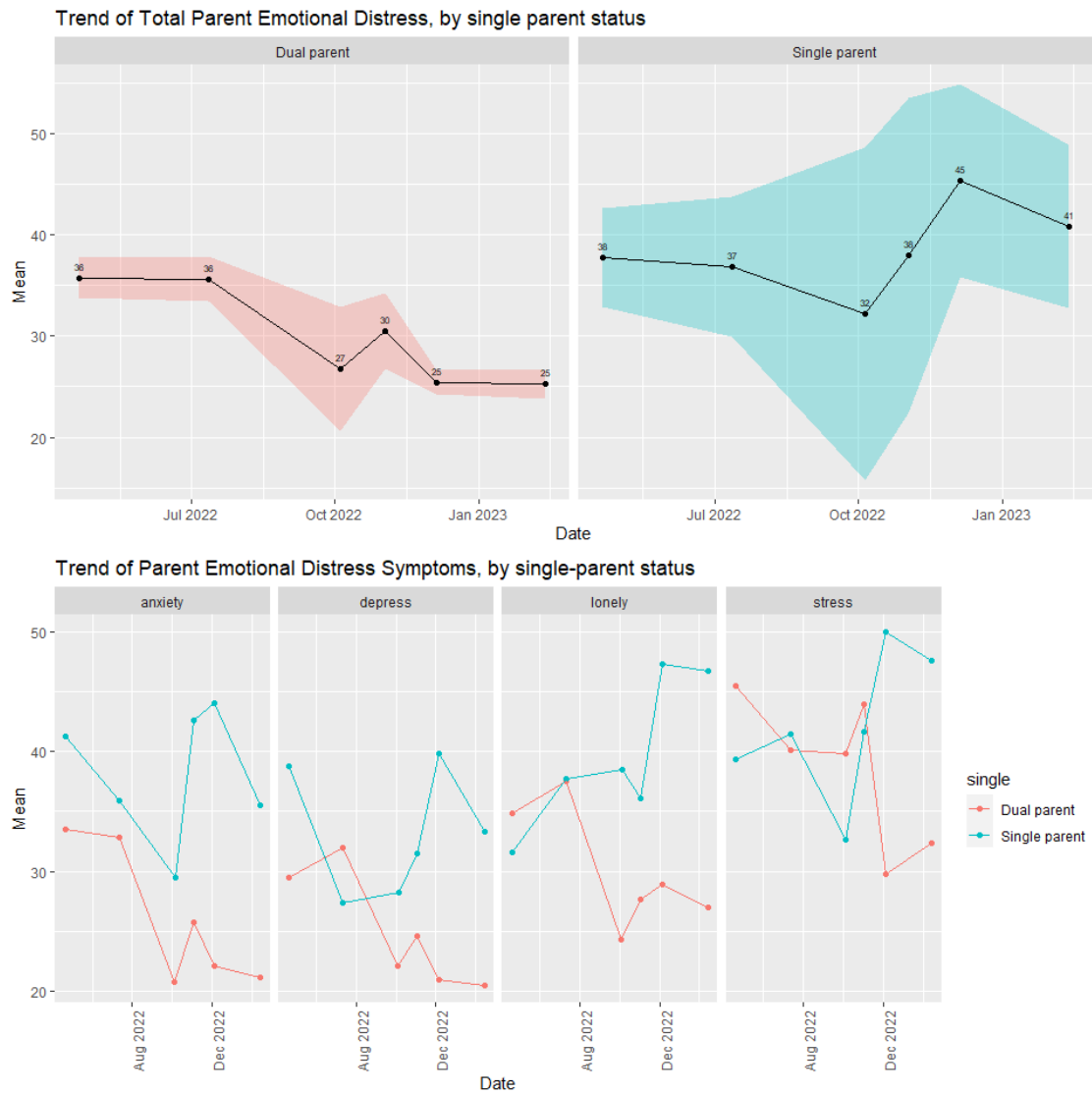
Note: From the comparison of emotional distress mean levels vs. percentages (see pg. 10), we can see that although parents present decreased mean levels of material hardship, **the percentage of parents exhibiting at least one emotional distress symptoms are still high (>70%)**. In particular, the percentage of parents reporting depression or anxiety symptoms are reducing, but not so much with parent stress symptoms

1.2 By Race/Ethnicity

- Sub-sample sizes ≤ 5 were omitted from the figure for robustness.
- Please note: Although we see reduced emotional distress when we look at the mean levels of distress, we do not see much of this when we look at percentages (see pg. 11). **For families of all different racial/ethnic groups, the % of parents reporting emotional distress remain very high (>60%; and for Black and Latinx families, > 70%).**

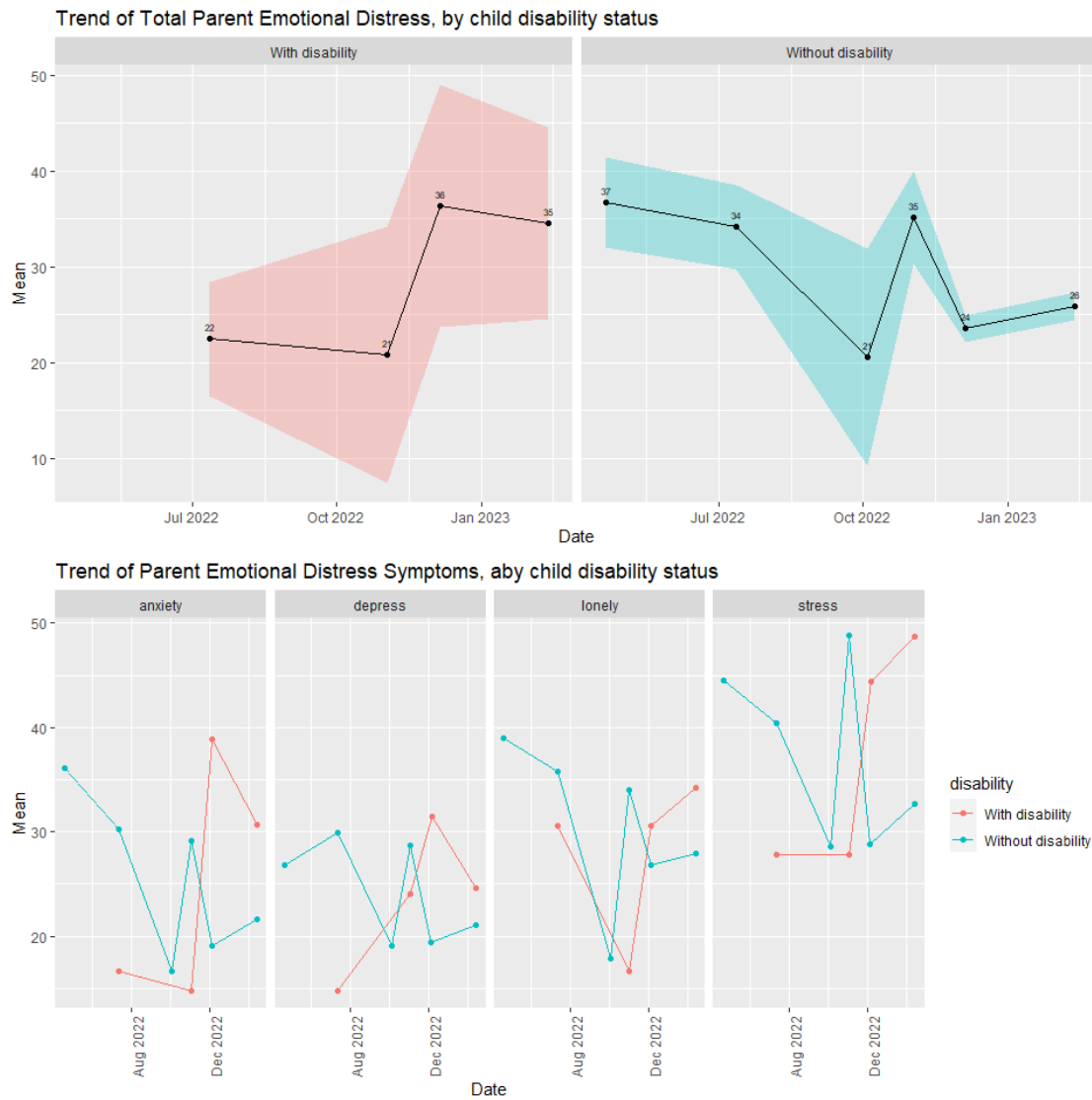


1.3 By Single-Parent status



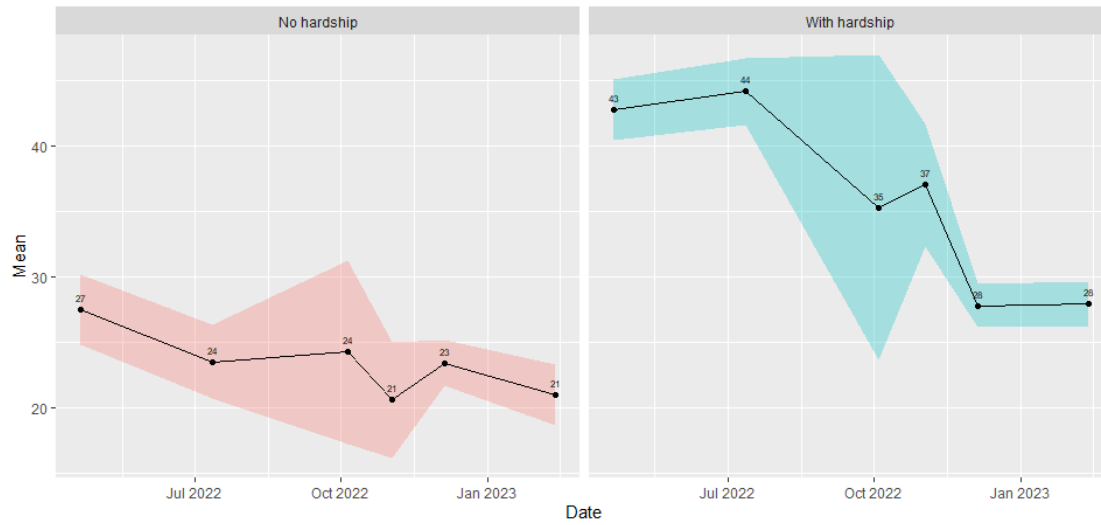
1.4 By Child Disability Status

- Note: Sub-sample sizes ≤ 5 were omitted from the figure for robustness.

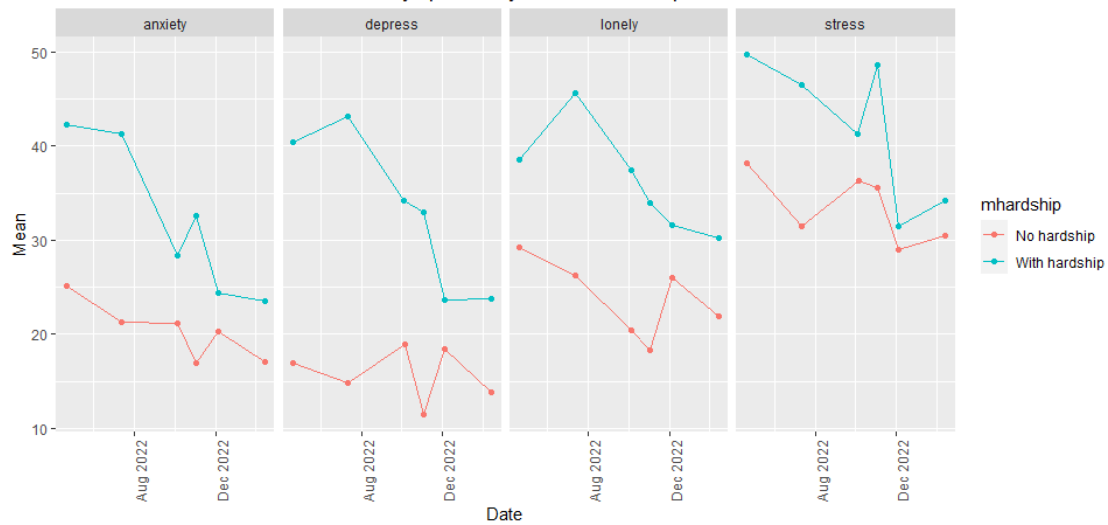


1.5 By Material Hardship Status

Trend of Total Parent Emotional Distress, by hardship status

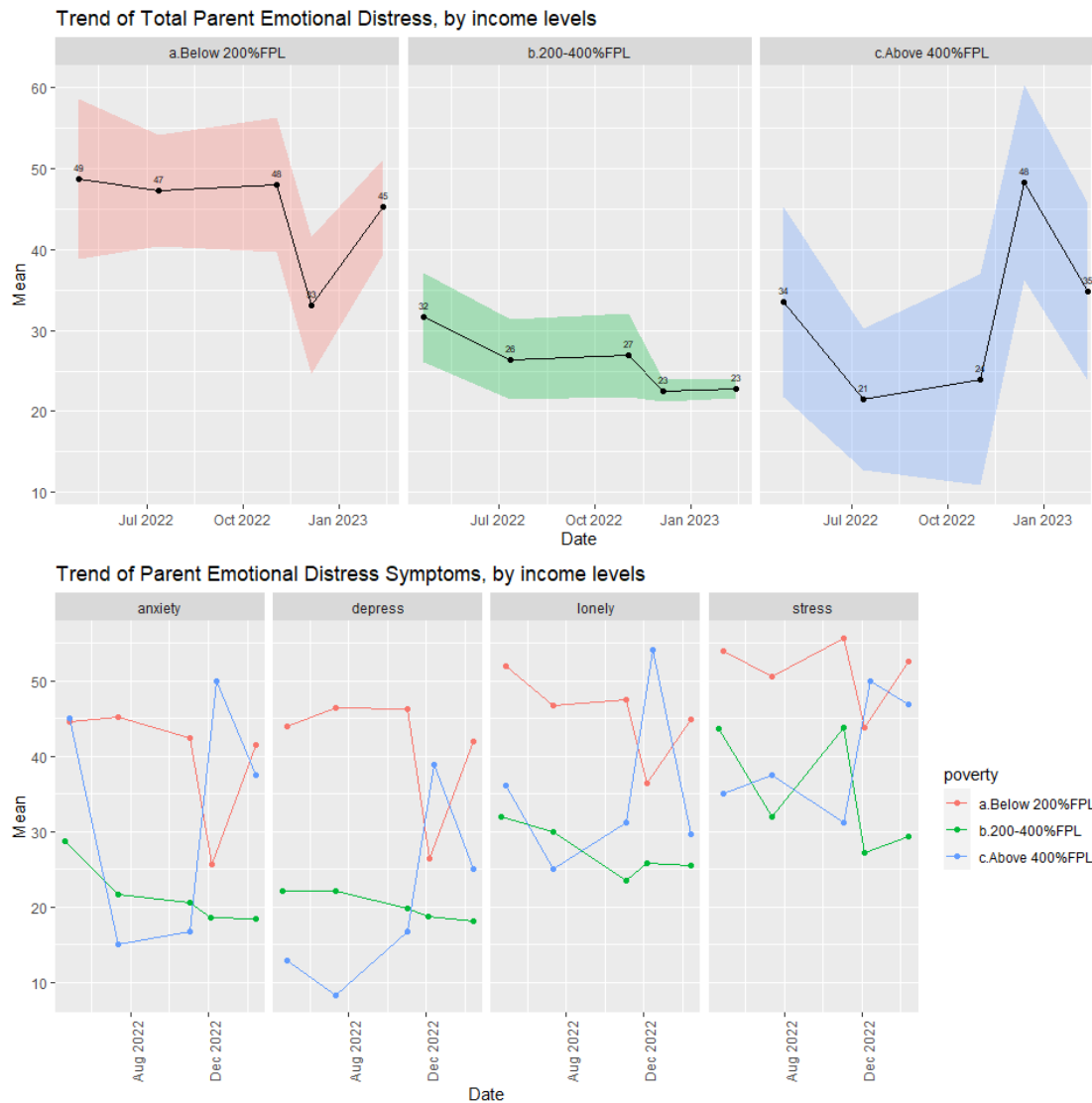


Trend of Parent Emotional Distress Symptoms, by material hardship status



1.6 By Income Status

- Note: Sub-sample sizes ≤ 5 were omitted from the figure for robustness.



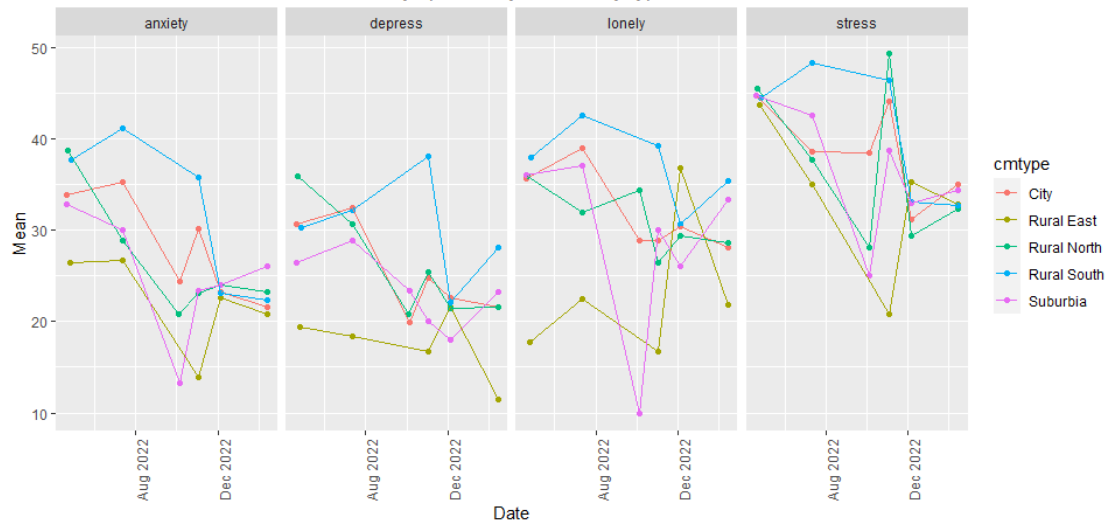
1.7 By Community Types

- Note: Sub-sample sizes ≤ 5 were omitted from the figure for robustness.

Trend of Total Parent Emotional Distress, by community types



Trend of Parent Emotional Distress Symptoms, by community types



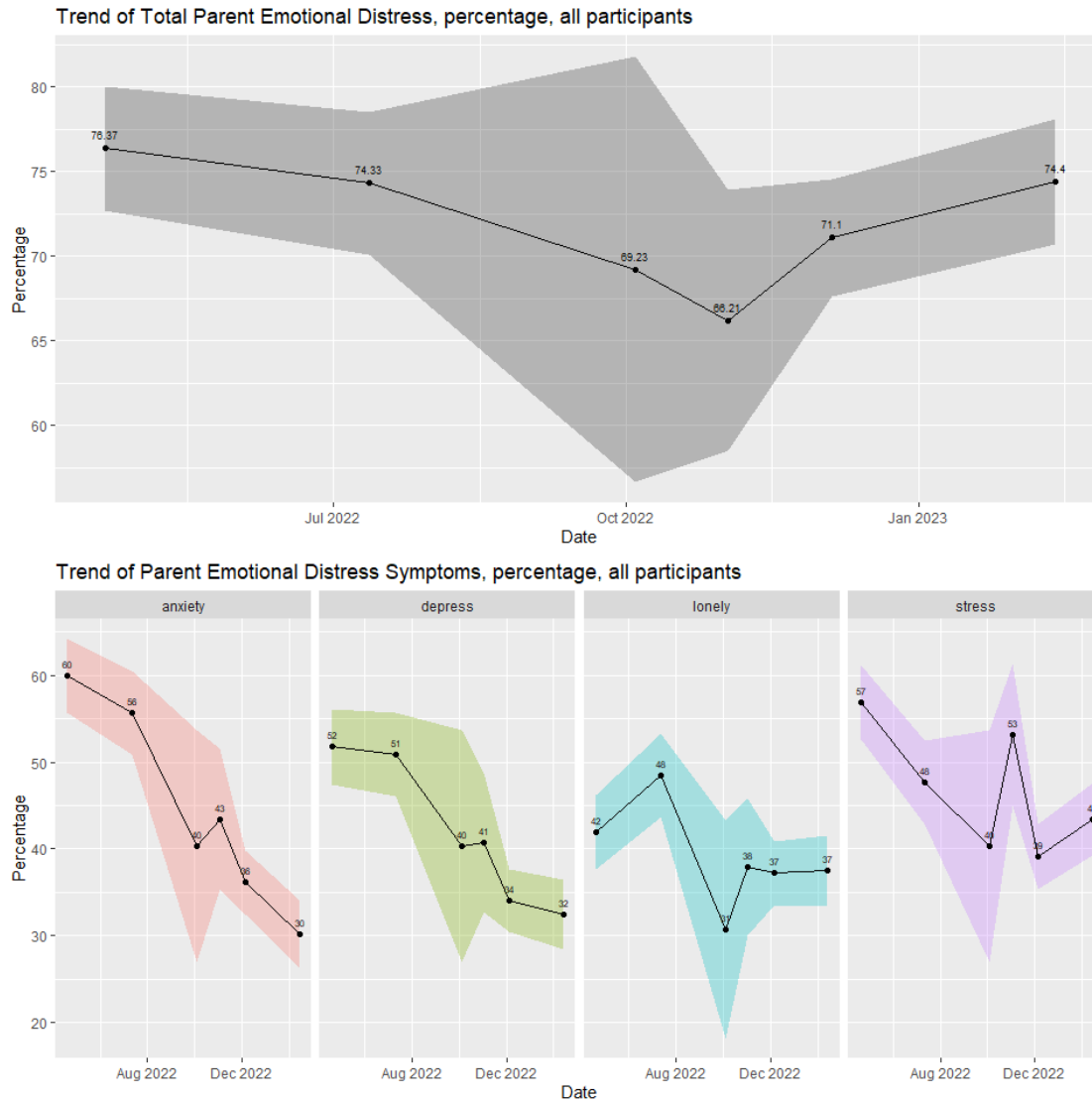
2. Percentage of Caregivers Experiencing Emotional Distress

For each emotional distress symptom, caregivers were considered as experiencing distress if they:

- Depressive symptoms & anxiety symptoms: selecting “Several days”, “More than half of the days”, or “Nearly every day”.
- Stress symptoms: selecting “To some extent”, “Rather much”, or “Very much”.
- Loneliness symptoms: selecting “Sometimes”, “Usually”, or “Always”.

For the total emotional distress score, caregivers were considered as experiencing emotional distress if they reported any of the symptoms above the threshold listed above.

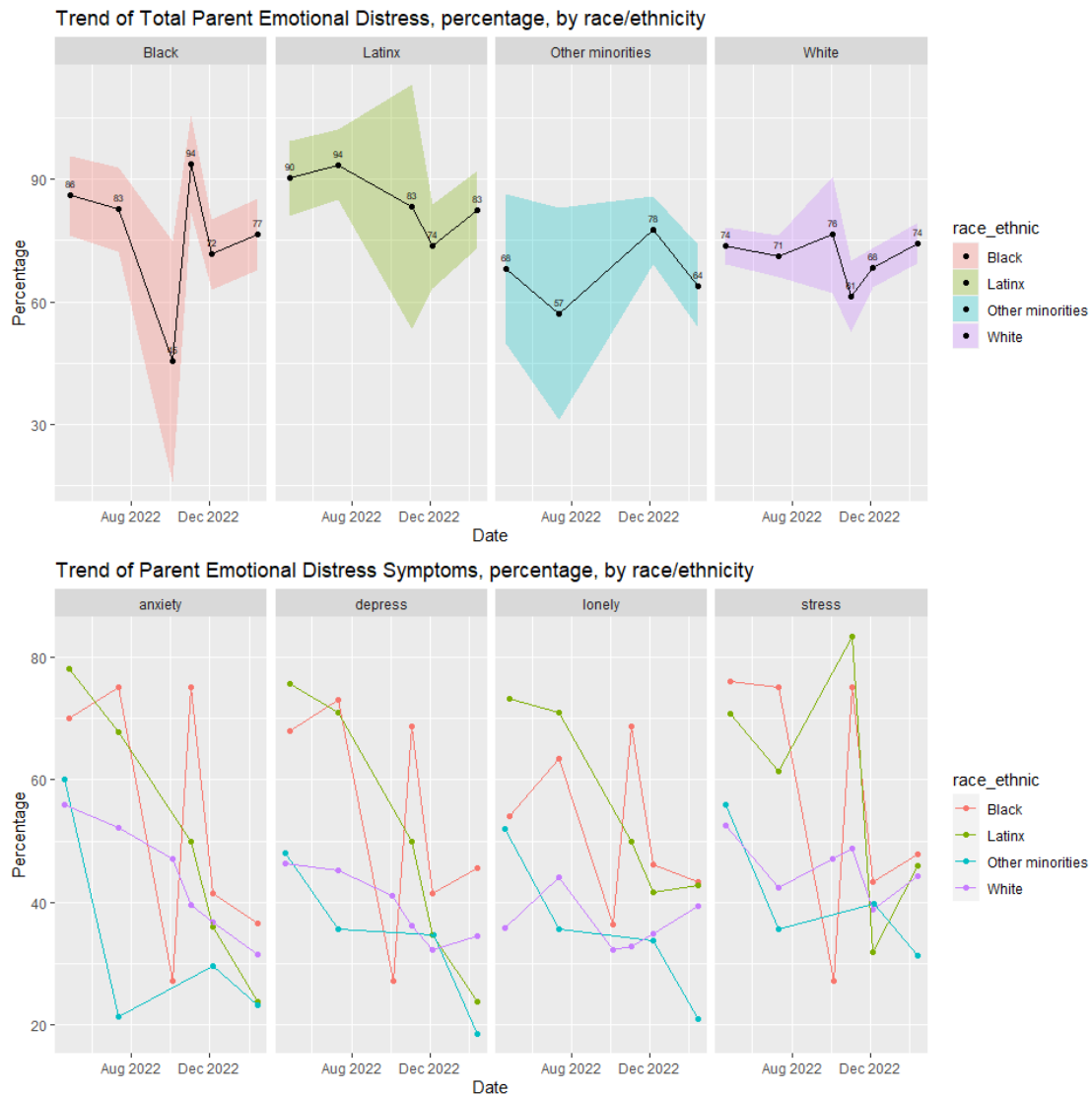
2.1 Overall



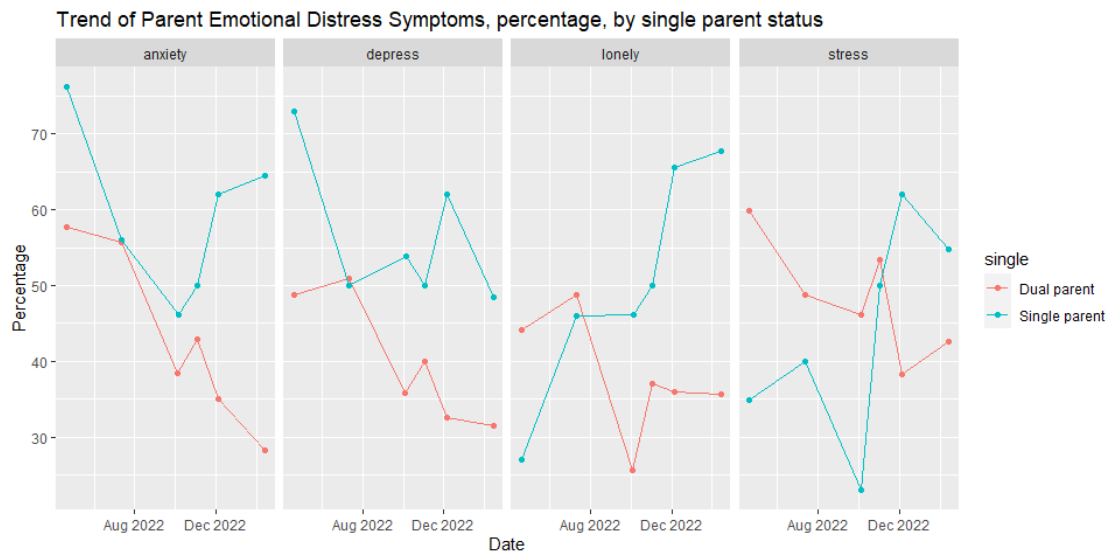
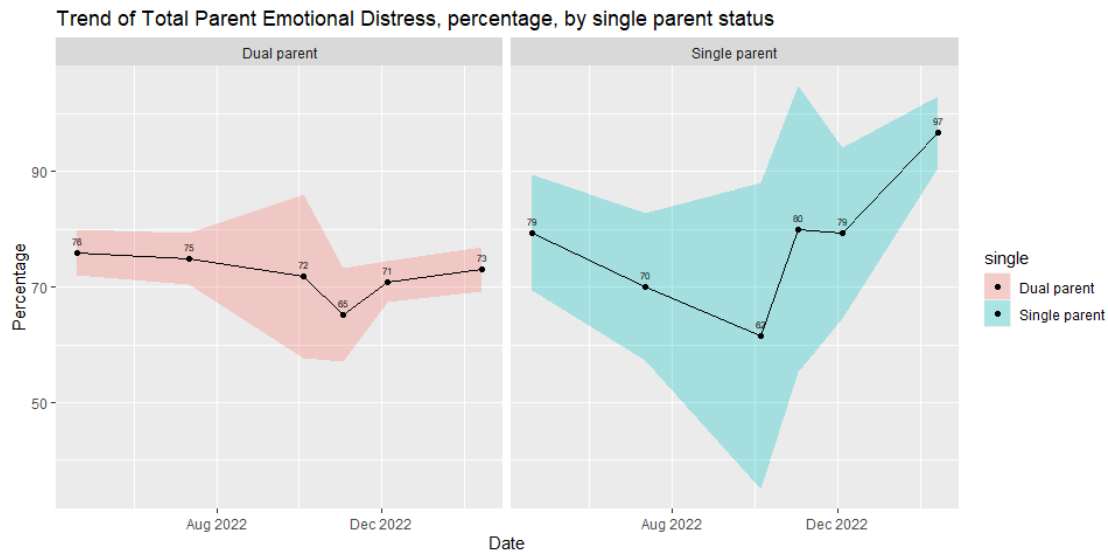
Note: From the comparison of emotional distress mean levels (see pg. 2) vs. percentages, we can see that although parents present decreased mean levels of material hardship, **the percentage of parents exhibiting at least one emotional distress symptoms are still high (>70%)**. In particular, the percentage of parents reporting depression or anxiety symptoms are reducing, but not so much with parent stress symptoms

2.2 By Race/Ethnicity

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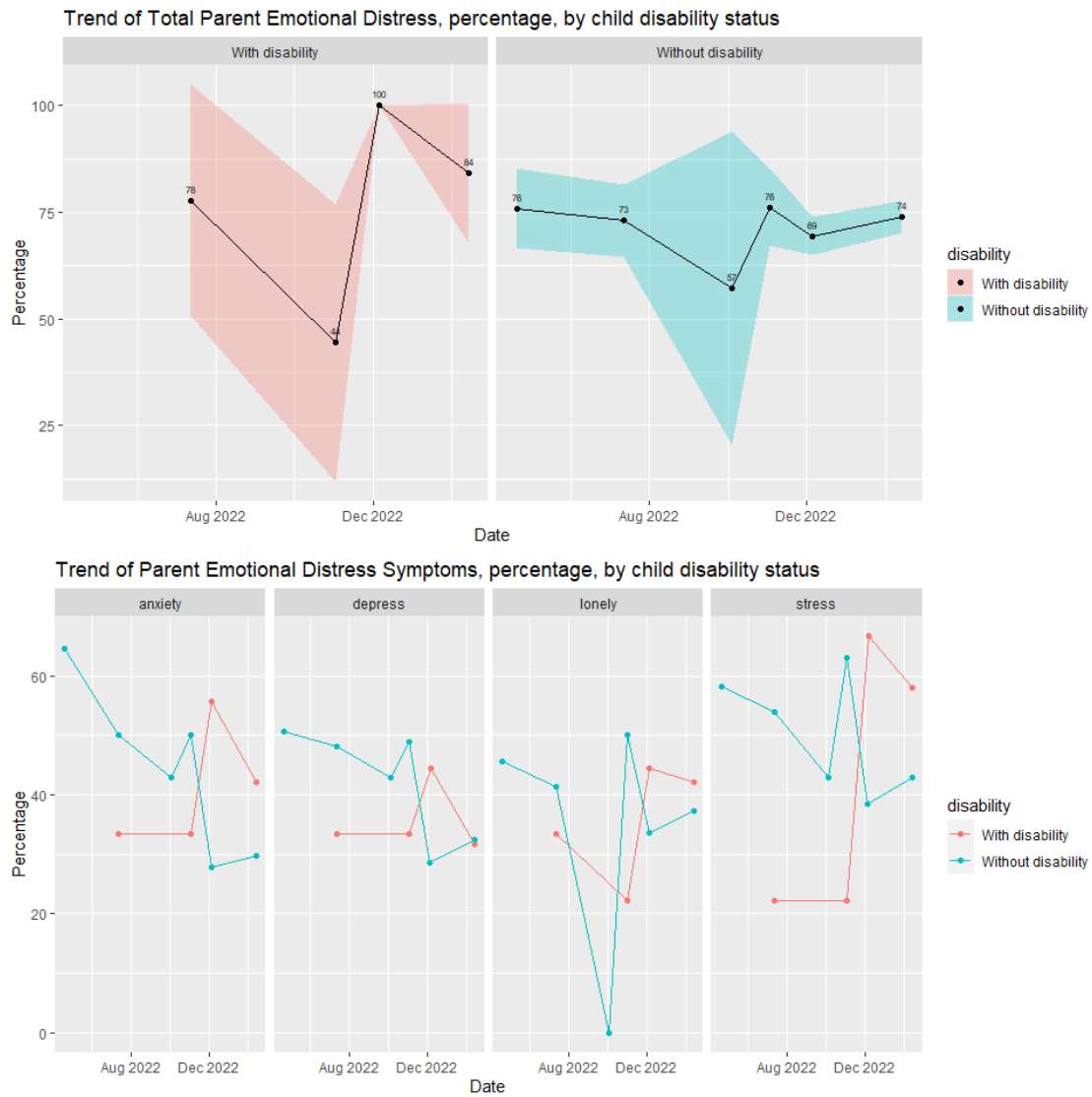


2.3 By Single-Parent Status

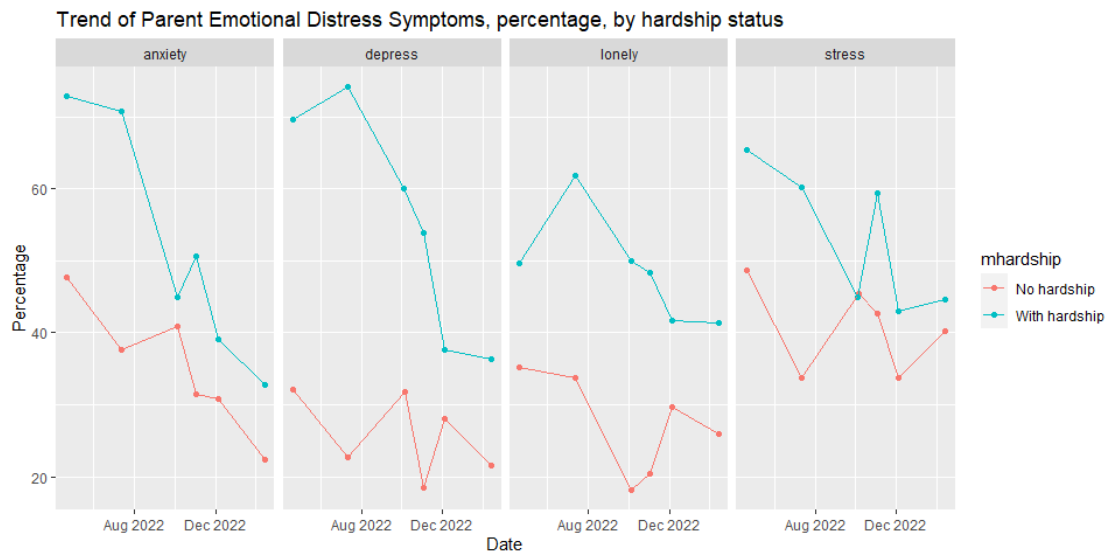
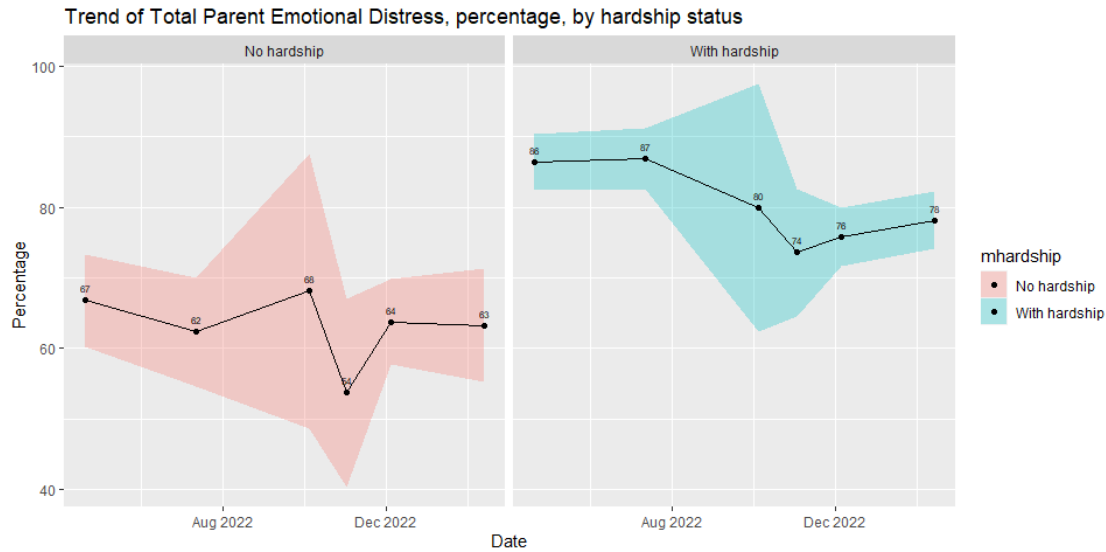


2.4 By Child Disability Status

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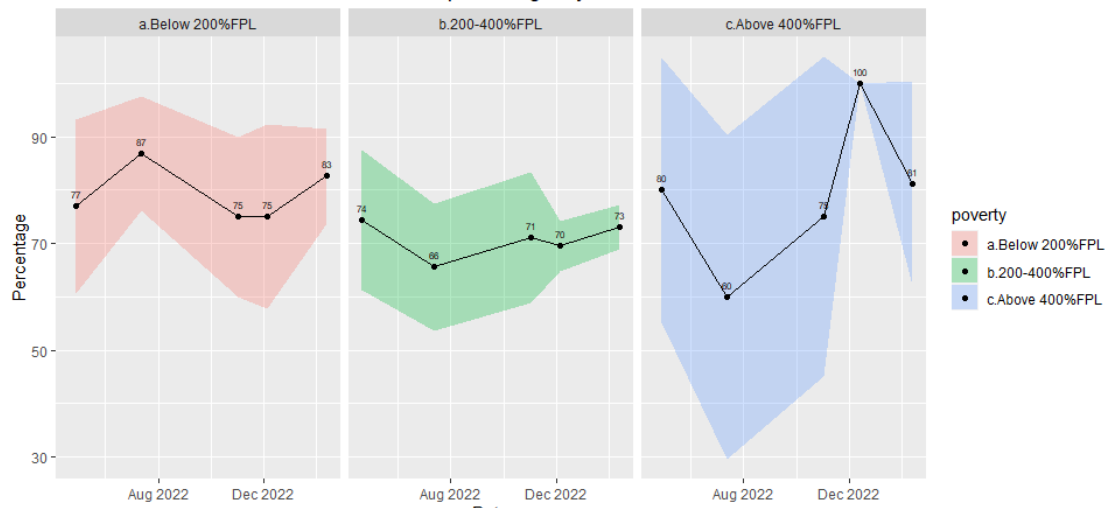
2.5 By Material Hardship Status



2.6 By Income Levels

- Note: Sub-sample sizes ≤ 5 were omitted from the figure for robustness.

Trend of Total Parent Emotional Distress, percentage, by income levels



Trend of Parent Emotional Distress Symptoms, percentage, by income levels



2.7 By Community Types

- Note: Sub-sample sizes ≤ 5 were omitted from the figure for robustness.

